

Client's first and last name:

Date of examination:

Name and surname of the person performing the measurement:

The telephone number of the person carrying out the measurement:

	Mark on the diagram*	Feature	Left foot	Right foot
Necessary measurements	-	Size suggested by the customer		
	E	Foot/orthosis length*** [w cm]		
	A	Joint circumference [w cm]		
	B	Instep circumference [w cm]		
	C	Heel circumference [w cm]		
	D	Ankle circumference [cm]		
	F	Joint width [w cm]		
	G	Heel width [w cm]		
Optional measurements	H	Toe height [w cm]		
	I	Height of the great toe joint [w cm]		
	J	Height of the arch of the foot [w cm]		
Necessary measurements Shoe-Orthosis	K	Height of the upper [w cm]		
	L	Calf circumference at the top of the upper [w cm]		
	M	Calf circumference at the widest point [w cm]		
	N	Height of the widest point of the calf [w cm]		
	O	Height of the rigid part (heel counter) [w cm]		
Additional remarks:				

* diagrams available at www.aurelka.com/Foot_Measurement.html

When taking measurement, one should remember the following important aspects:

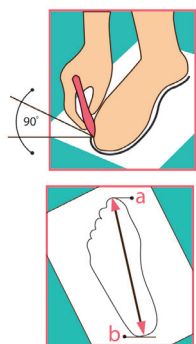
- Another person's assistance during the measurement may prove useful.
- The measurements should be taken in the erect position, while in the case of people who cannot walk - in a seated position with a right angle under the knee.
- Each foot should be measured separately.
- In the case of footwear for already obtained insoles, the measurement should be taken with the insole placed under the foot.
- In the case of footwear for orthoses, the measurement should be taken while wearing the orthosis.
- Taking the measurement of foot circumference in orthoses, one should include straps, closures, hinges adding to the footwear's size.
- The measurements should be provided in absolute terms, i.e. they should not be approximated, nor increased at one's discretion – in the shoe design process, all the necessary approximations will be included.
- Frontal and lateral photographs of the feet should be taken and attached to the order.

Foot Measurement Guide for Aurelka® Personal Footwear

Custom-made footwear is always manufactured on the basis of individual foot parameters.

That is why, apart from the indication of desired correction to be performed in the shoe, the order should include the following data:

- Foot/orthosis contour
- Joint circumference (A)
- Instep circumference (B)
- Heel circumference (C)
- Ankle circumference (D)
- Foot/orthosis length (E)
- Joint width (F)
- Heel width (G)

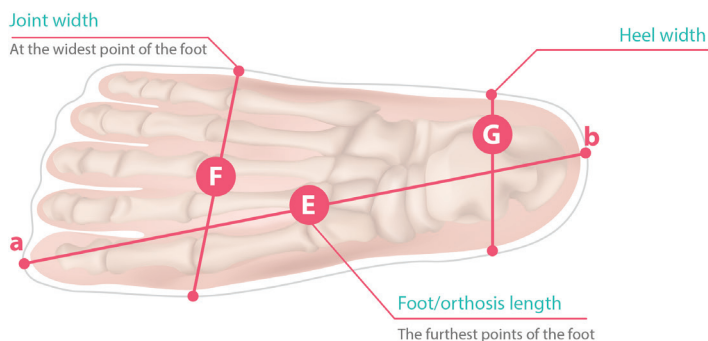


In order to take measurement of the foot, follow the instruction below:

1. Standing on a piece of paper, draw the contour of foot circumference.

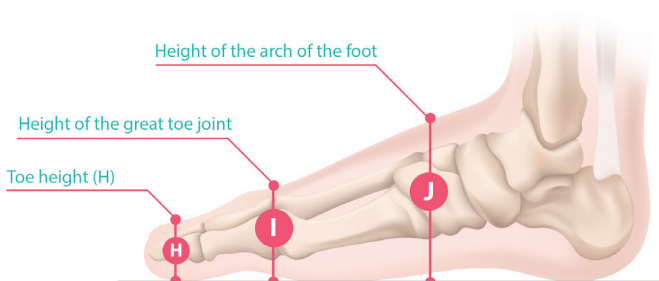
In order to take the contour of the foot correctly, one should hold the pencil at the right angle to the paper.

2. Take measurement in centimetres of the distance between the extreme points in the drawing (a & b).



In individual cases, taking additional measurements is recommended; these may include:

- Toe circumference
- Toe height (H)
- Height of the great toe joint (I)
- Height of the arch of the foot (J)



Measurements for Aurelka® Shoe-Orthosis

In the case of ordering Aurelka® Shoe-Orthosis additional measurements are required:

- Height of the upper (K)
- Calf circumference at the top of the upper (L)
- Calf circumference at the widest point (M)
- Height of the widest point of the calf (N)
- Height of the rigid part (heel counter) (O)

